



# Connected Health Summer School 2017

## *Smart Technology for Smarter Living*

Professor Chris Nugent, Ulster University  
Professor Cristiano Paggetti, I+ S.r.l.

[ulster.ac.uk](http://ulster.ac.uk)



REMIND

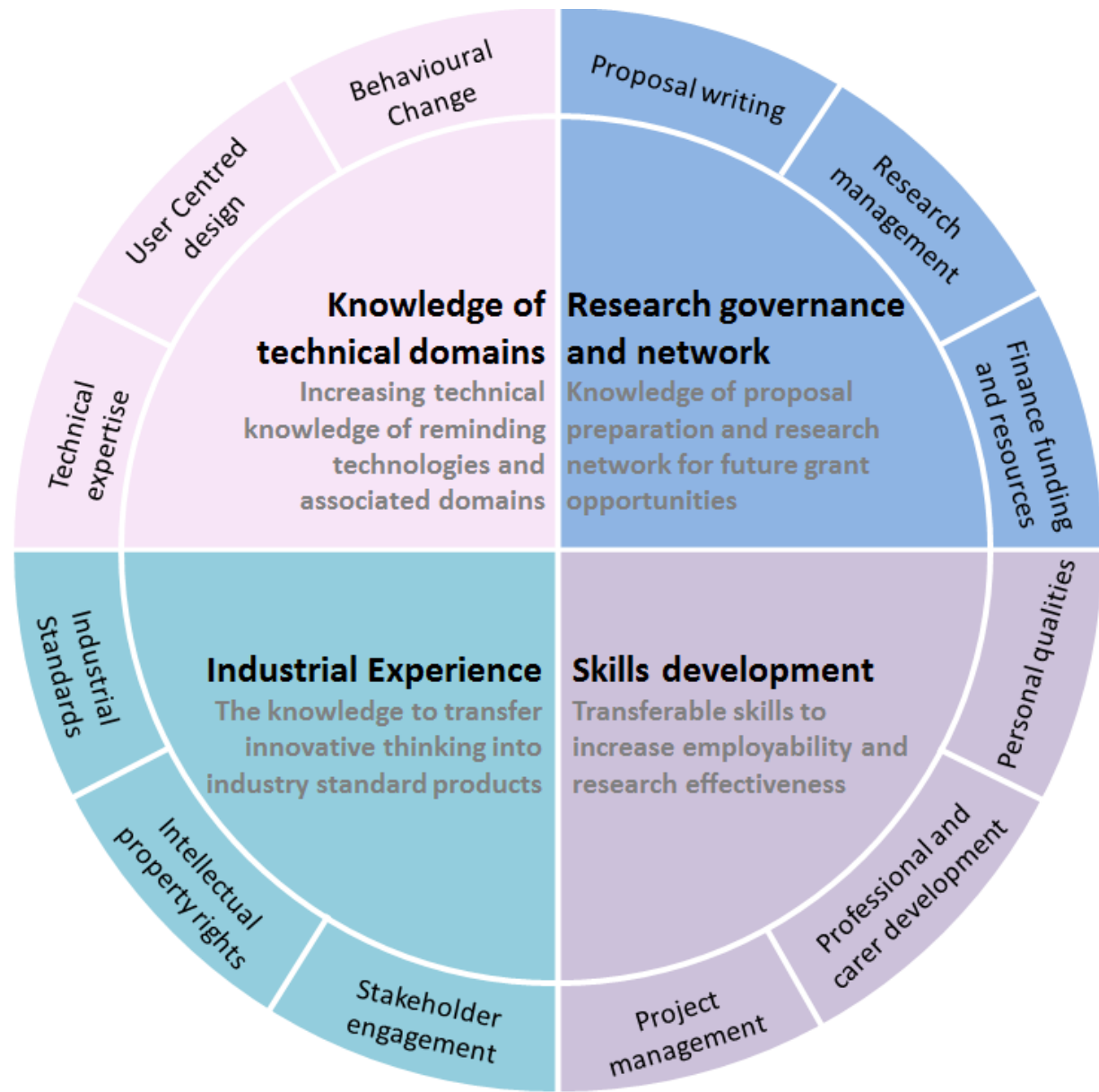
# Vision for Summer School

- To establish a reference point for the training of early stage researchers in connected health.
- To address the multi-disciplinary needs of researchers within a complex discipline.
- To begin preparations for future carers.
- To grow network of collaborators from an early stage in the carer.

# What is Connected Health?

- *We hope that everyone already knows the basic answer to this question!*

*The multi-disciplinary demands of connected health*



# Feedback from previous events

- Group work was well received.
- Speakers should be more interactive and less lecture based.
- Reduce the duration of the working day.
- Increase the amount of time dedicated for:
  - -social interactions
  - -group work

# Connected Health Summer School

## Artimino, Tuscany, Italy 26 - 29 June 2017

		Monday, June 26	Tuesday, June 27	Wednesday, June 28	Thursday, June 29
Social	7.00	Jogging, Tuscany Walk, Diving, Water Aerobics	Jogging, Tuscany Walk, Diving, Water Aerobics	Jogging, Tuscany Walk, Diving, Water Aerobics	Jogging, Tuscany Walk, Diving, Water Aerobics
Technology Data Analytics	9.00	Welcome and introduction to summer school. Rapid fire introductions by students Working Group goals. <b>Chris Nugent, Cristiano Paggetti</b>	Working with Sensing Technologies: How to acquire data with contemporary platforms. <b>Ian Cleland (Tutorial)</b>	Processing Sensor Data: Understanding the development of behavioural and activity models <b>Oresti Banos (Tutorial)</b>	Advanced Data processing with both sensor and health related data. <b>Macarena Espinilla (Tutorial)</b>
Coffee	9.45				
Health / Social Sciences	10.00	The Future of Health and technology partnership. <b>Ian Cleland (Lecture)</b>	Understanding the theory behind behaviour change strategies. <b>Jane Walsh (Tutorial)</b>	How to engage with users when design, developing and evaluating connected health solutions. <b>Cristian Leorin (Lecture)</b>	Organising for Value-based healthcare across the whole system <b>Nick Batey (Lecture)</b>
Group Work	11.00	How to pitch a business in a Connected health Domain - Assessing Market potential and impact indicators	Designing the service model and organisational scenarios	Designing and develop technical solutions	Group work presentation – Feedback from Decision Maker prospective <b>Andrea Frosini</b>
Lunch	12.30				
Service deployment	13.30	Intelligent Medical Platform <b>Prof. Sungyoung Lee (Keynote)</b>	<b>REMIND Project Workshop</b>  <b>Improving User Engagement</b>	Implementation of innovative service in AHA context, a real pluri annual ongoing service. <b>Francesco Benvenuti (Tutorial)</b>	Modelling of care pathways, case studies <b>Sally McClean (Lecture)</b>
Group Work	14.30	Group Work		Group Work	Research Ethics: Planning your trial and Securing Ethical Approval. <b>Bryan Scotney (Tutorial)</b>
Business Innovation	15.15	Tuscany Region Prospectives and Challenges in Connected Health <b>Elisa Scopetani (Lecture)</b>		Deployment of Connected Health innovation worldwide <b>Olivier Horbowy (Lecture)</b>	Innovative Care Models - A European perspective <b>Kare Synnes (Lecture)</b>
Wrap Up	16:15 16:30	Wrap-up and introduction to next day's sessions.		Wrap-up and introduction to next day's sessions	Group Work Award Ceremony - Summer school wrap – up Feedback and Comments

# Associated Events

- Summer School morning coffee break and lunch, Mon-Thurs
- Faculty Board Meeting, Monday 4.30-6.00
- Social dinner, Biagio Pignatta Restaurant Monday 7.30
- Social Reception, Wednesday 6.30-7.30
- Prize Giving, Thursday 4.15

# Faculty members



Dr Oresti Banos  
University of Twente



Professor Cristiano Paggetti  
I+ S.r.l., Florence



Dr Elena Tamburini  
I+ S.r.l., Florence



Dr Macarena Espinilla  
Lulea Technical University



Dr Josef Hallberg  
Lulea Technical University



Professor Bryan Scotney  
Ulster University



# Faculty members



Professor Sally McClean  
Ulster University



*Prof. Sungyoung Lee*

Department of Computer Engineering,  
College of Electronics and Information,  
Kyung Hee University, Korea



Professor Kare Synnes  
Lulea Technical University



Professor Chris Nugent  
Ulster University



Dr Jane Walsh  
National University Ireland



Dr Ian Cleland  
Ulster University

# Faculty members



Andrea Frosini, Toscana  
Life Sciences Foundation



Dr Francesco Benvenuti  
Tuscany Region

**Elisa Scopetani**  
Directorate of  
Citizenship and  
Social Cohesion of  
the Tuscany  
Region



Professor Cristian Leorin  
Novilunio , Italy



Olivier Horbowy  
Alliance for IoT  
Innovation



Nick Batey  
Health and Social Care  
Department, Wales,

# Invited Speaker



*Prof. Sungyoung Lee*

Department of Computer Engineering,  
College of Electronics and Information,  
Kyung Hee University, Korea

# Brief Introductions

- What is your name?
- Which University are you from?
- What is the topic of your research?
- What are your interests in connected health and smart environments?
- What is/are your main skill(s)?

# Introducing myself



- **Arianna Poli** from Italy, working and living in Sweden.
- **Short background:**
  - Master degree in Psychology
  - Ph.D. candidate in Ageing and Later Life, Linköping University, Sweden
    - » Thesis working title: “Challenges for innovations through e-Health – The impact of selective participation in the testing phases on inequality and exclusion in old age”.
- **Main research interests:** role of e-Health in supporting health and wellbeing of older people and family carers, digitalisation of healthcare systems, social exclusion and inequalities in old age.
- **Main area:** e-Health investigated from a social sciences perspective.
- **Why am I here?** To deepen the role of technology for health in a multidisciplinary environment and from the perspective of other disciplines, to get feedback on my thesis work, to get inspired by new topics, other participants' works and interests.



# LECKEY<sup>o</sup> Hannah McReynolds KTP Associate

Schrader

HeartSine

Leckey

BEng (Hons)  
Mechatronic  
Engineering

Using  
technology to  
enhance the  
quality of life

Data processing  
Social and  
Behavioural  
aspects

# Eimear Morrissey

- Structured PhD in Psychology & Health (NUIG: 2014-2018)
  - Medication non-adherence in hypertension: Are digital interventions a possible solution?
- Degrees
  - BA Applied Psychology (UCC: 2009-2012)
  - MSc Health Psychology (NUIG: 2012-2013)
- Research interests
  - Health behaviour change, cardiovascular disease, adherence behaviour, digital interventions, tech literacy
- Summer school
  - I'm interested in learning about working with sensing technologies and how this could relate to behavioural science.





# Emma Carr

- ▶ Currently doing a PhD in Psychology and Health at NUIG
  - ▶ The development of a digital intervention to reduce the patient interval for breast cancer
- ▶ Degrees
  - ▶ BA (History & Geography); HDip (Psychology); MSc (Health Psychology)
- ▶ Research interests
  - ▶ behaviour change, public health, technology and health, participative health research, implementation science
- ▶ I'm particularly interested in learning about technology data analytics and how that can enrich health research and facilitate behaviour change





## Wendy Oude Nijeweme – d'Hollosy

Researcher

**UNIVERSITY OF TWENTE.**

Enschede, the Netherlands

Member of:

Telemedicine/Biomedical Signals and Systems Group (BSS)  
**Research Centre for Monitoring and Coaching (CMC)**

Research Institutes:

**Centre for Telematics and Information Technology (CTIT)**  
Research Centre for Biomedical Technology and Technical Medicine (MIRA)

<https://nl.linkedin.com/in/wdhollosy>

<https://twitter.com/wdhollosy>

Background	Interests	Skills	Goals
Computer science ( <i>bio-medical note</i> )	Development of innovative IT solutions to support self-care, coaching, physical exercises, well-being and healthy living	PHP / MySql / CSS Javascript	Gaining knowledge and experience on the application of sensing technologies
Researcher		Some experience with:	
Teacher		SPSS	Overview of all aspects needed in the development and implementation of connected health solutions
Web developer	Artificial intelligence with the focus on machine learning	R / R Studio	
Business owner		Data analysis on small datasets	
Started PhD research in January 2014 on eHealth and Decision Support in Primary Care and hope to have my defense at the end of 2017	Data mining on (big) datasets and how to present the found information in a useful way		
	Data exchange and interoperability in health care with HL7 and SNOMED CT		

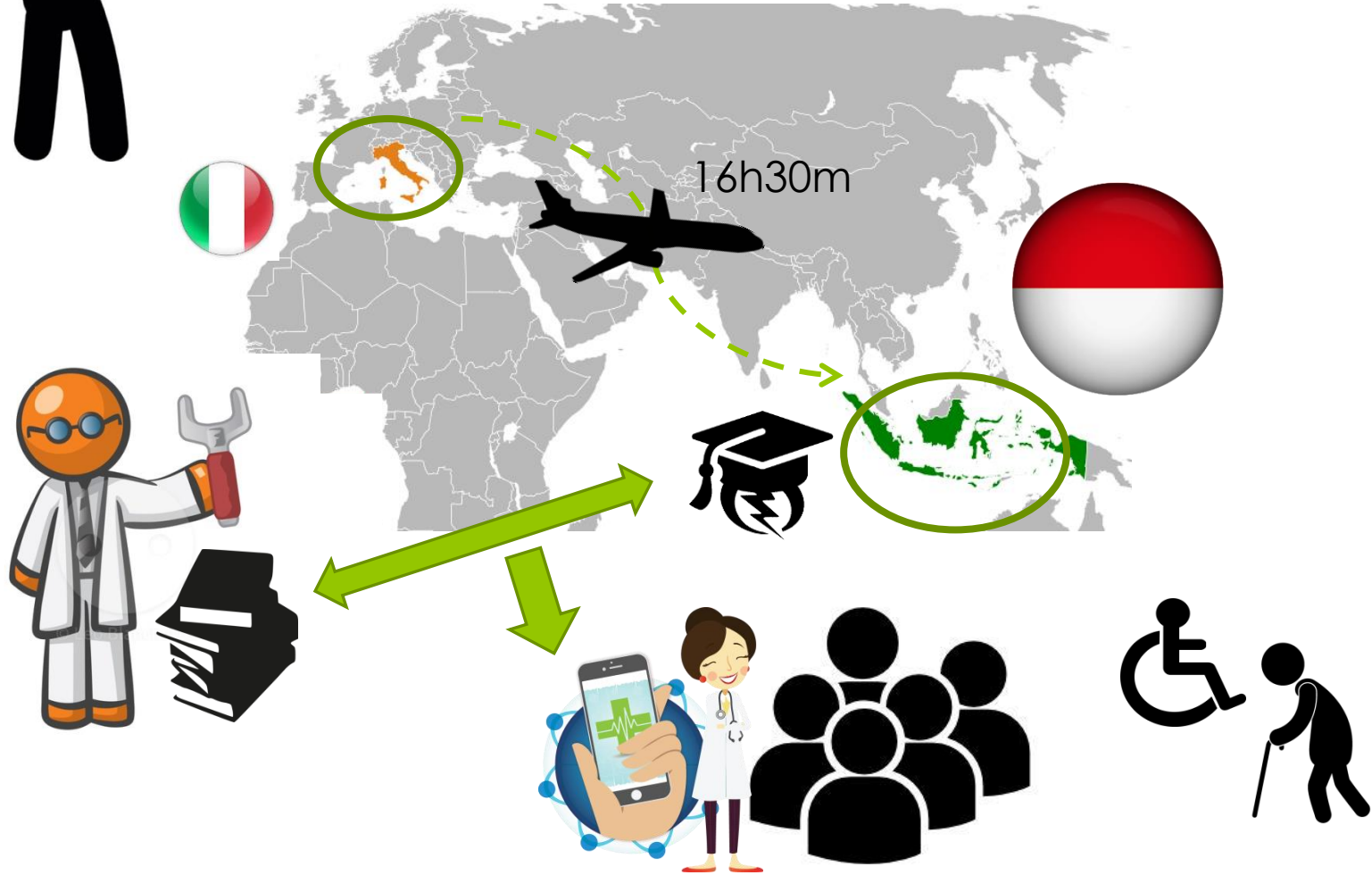
### Hobbies

Spending time with my family and friends, Traveling, Sailing, Sporting, Reading, Playing music (just started with guitar playing 😊)

BUONGIORNO!



LINDA ONG





# Erika Rovini

PhD Student in BioRobotics at The BioRobotics Institute, Scuola Superiore Sant'Anna (Pisa, Italy)

*“Study and validation of novel ICT-based diagnostic and therapeutic approaches in Parkinson's disease for sustainable healthcare”*

□ Details of undergraduate degree:

*Master Degree in Biomedical Engineering at University of Pisa (Italy)*

□ Research interests:

*wearable sensors, inertial sensors, AAL, data acquisition, physiological signals, biomedical signal processing, data analysis, motion analysis, machine learning, statistics, experimental protocols, Parkinson's disease*

□ Area/topic which I would most like to develop:

*Service deployment and Business innovation because these topics are little known to me*

□ What I would like to learn during the Summer School:

*How to develop an integrated care system that could be really suitable for concrete and efficient application in National Health System*

## Presentation

Jenni Riekkola Carabante

PhD student in Occupational Therapy

Luleå University of Technology

### Area of research:

Participation in everyday life when aging in place

- elderly couples living in shifting contexts

### Area I would like to develop:

How smart technology can support elderly couples' participation and everyday togetherness

### I would like to learn about:

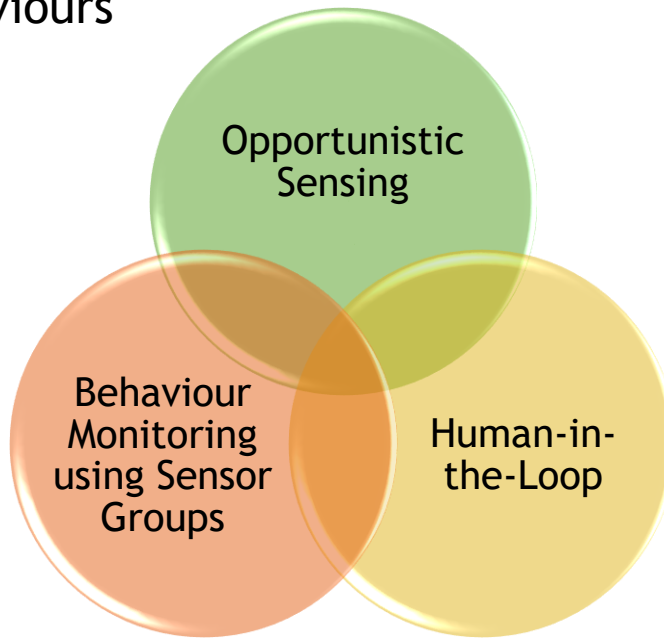
- Smart Technology/environments in general
- How smart Technology can support participation/health/aging in place for elderly persons (challenges and opportunities for users and service providers)

### And:

Make new friends for possible future collaborations



- Undergraduate - Electronics and Computing Systems
- PhD - Computational Monitoring of Social and Communicative Behaviours
- Research interests:
- Gain experience with sensor technologies within smart environments



## ● BACKGROUND

Responder Technologies / Showoff  
Postgraduate student of Business and Management at QUB

Master's degree in ICT at the University of Zagreb  
Bachelor's degree in Computing at the University of Zagreb

## ● RESEARCH INTERESTS

MedTech  
Machine Learning



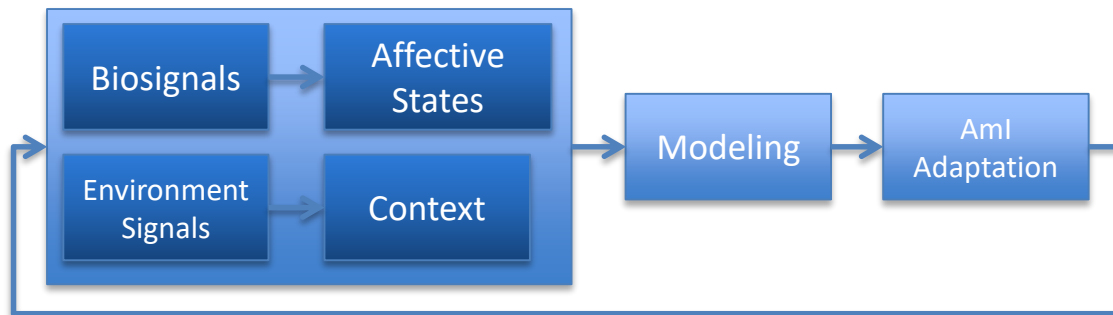
- Combining physiological sensors and environment sensors
- Modeling user's emotions, intentions, and profile
- Adapting the system to user's needs

## Maria Luiza Recena Menezes, Doctoral Student

Msc Electrical Eng., UFRGS, Brazil  
Bachelor Electrical Eng. and Physiotherapy



My thesis is focused on incorporating basic psychological processes into the automation of ambient intelligence. The goal of my research is to study ways to achieve Passive Control and Implicit Interaction through a combination of bio-signals and environmental sensors.



**What do you hope to benefit from attending this summer school?**



# 10 Reasons why you are here

1. To fully appreciate the multi-disciplinary nature of undertaking research in connected health.
2. To discuss your research with international experts in the field.
3. To widen your network of colleagues.
4. To make an investment in your carer after your Phd.
5. To hear about the state of the art in Connected Health.
6. To develop new technical skills.
7. To learn about the development of producing a roadmap for implementation.
8. To have the experience of putting into practice new concepts from technical, health and business perspectives.
9. To develop personal leadership skills in a professional working environment.
10. To have fun and enjoy Tuscany!

# Group Work

- Each group has 3 or 4 persons and a dedicated Tutor.
- The end point is to deliver a competitive pitch on Thursday afternoon as a team.
- Each day will help prepare for the discussions during the Group Work and to reflect on the content delivered that day.
  - The requirement is to produce one slide per day, with a further slide as an introduction to the Group work.
- Discussions should have a focus on smart technology.
- Faculty members will be available to assist with discussions and provide expert input.

# Group structure

- Your first task as a Group is to assign the following roles:
- Group lead – someone to organise the discussions, collect all materials and introduce the presentation on Thursday.
- One person for each of the following roles:
  - Market assessment
  - Technical Development
  - Evaluation and Business plan

# Group Work

**Group1 – Assistive technologies for carers of people with dementia.**

Ali, Emma, Bronagh, Pietro Macarena

**Group 2 – Mobile based Self-management medications in relation to anti-biotic resistance.**

Edna, Hannah, Erika, Laura, Josef

**Group 3 – Reducing sedentary behaviour in the elderly.**

Veno, Taeho, Linda, Malu, Bryan

**Group 4 – Digital technologies for improved lifestyle within a 40-65 year old cohort.**

Sixto, Dohyung, Arianna, Ian

**Group 5 – Improving the early discharge from hospitals though intelligent ICT systems**

Federico, Eimear, Wendy, Jenni, Sally

# Session 1

- By the end of this session you should:
  - have identified individual roles
  - have identified a new solution for your problem domain.
  - have produced 1 slide to outline the competitive advantage of your proposed solution.

# Session 2

- By the end of this session you should:
  - have elaborated upon your specific solution for your group
  - design your solution, from a technical perspective
  - demonstrate evidence in your work of the past 2 days
  - have engaged with the Faculty in your work

# Session 3

- By the end of this session you should:
  - defined your pathway for user engagement, evaluation and commercial strategies.

Enjoy the Summer School!